

# MEAL & A DRINK DEAL FROM £8.75

Monday to Friday, 12pm – 6pm



## 7oz# GAMMON STEAK

Served with a fried free-range egg, grilled fresh pineapple, garden peas and seasoned fries *837 kcal*

## SCAMPI & CHIPS†

Nine pieces of wholetail scampi with a lemon wedge, seasoned fries and garden peas *870 kcal*

## FISH & CHIPS\*\*

Hand-battered in Irish Magners' cider, served with seasoned fries, tartare sauce and mushy peas *864 kcal*

## SAUSAGES & MASH

Irish pork & leek sausages with mashed potato, garden peas and an Irish-whiskey sauce\* *1027 kcal*

**VEGETARIAN ALTERNATIVE (V)** *664 kcal*

## CHARGRILLED BURGERS

Choose from:

Beef *965 kcal*

Chicken fillet *929 kcal*

## MAC 'N' CHEESE (V)

Macaroni in a Cheddar cheese sauce served, with garlic bread slices *842 kcal*

### TOP WITH:

+ BBQ PULLED BEEF RIB *+300 kcal* **+ 2.75**

+ GRILLED CHICKEN FILLET *+169 kcal* **+ 2.50**

+ STREAKY BACON *+174 kcal* **+ 1.00**

## \*\* MEAL DEAL DRINKS

A pint of Carling®, Guinness®, Coors®, 175ml house red, white or rosé wine, or 18oz Pepsi Max® (*1 kcal*), Diet Pepsi® (*6 kcal*) or Lemonade (*12 kcal*), Tea (*27 kcal*) or Black Americano (*10 kcal*).

# SANDWICHES

## HAM, CHEESE & PICKLE

Irish thick-cut ham with Monterey Jack cheese, Ballymaloe relish and served in a warm ciabatta *729 kcal*

## BBQ CHICKEN MELT

Southern-fried chicken fillets topped with BBQ sauce, bacon and Monterey Jack cheese and served in a warm ciabatta *1024 kcal*

## PHILLY STEAK SANDWICH +£1

Grilled rump steak, red onions and mushrooms, smothered in a cheese sauce and served in a warm ciabatta *596 kcal*

## OUMPH! TORTILLA (VE)

Oumph! pulled BBQ chunks served in a tortilla pocket with baby gem lettuce, crunchy slaw and Ballymaloe relish *522 kcal*

## DONER TORTILLA

Doner-style kebab meat served in a tortilla pocket with baby gem lettuce, crunchy slaw and Ballymaloe relish *677 kcal*

## FISH FINGER SANDWICH\*\*

Hand-battered fish goujons in Irish Magners' cider, baby gem lettuce, tartare sauce and served in a warm ciabatta *934 kcal*

138467/HIG/DN24/B4

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deal

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Adults need around 2000 kcal a day. All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, or need help accessing our allergen information, please let us know before ordering.

**V** - made with vegetarian ingredients, **VE** -made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. All calories are correct at the time of menu print. Live nutrition information is available online. \*Fish dishes may contain small bones. #All weights stated are approximate and prior to cooking. \*This dish contains alcohol. Prices include VAT at the current rate. All items are subject to availability.